

HopeTown Newsletter

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TERM 3, 2019



Term 3 started for Hopetown staff on Sunday 21st July when they joined 250 other staff from specialist schools across NSW for 2 days of professional learning. Networking and connecting with other schools, talking about teaching practices, programs and activities was the highlight with lots of ideas for Hopetown in 2020 discussed!

This busy and productive term we have celebrated NAIDOC, Education week, Science week and RUOK? Day with a whole of range of experiences and opportunities for staff, students and the wider school community. We welcomed 9 schools from across the Central Coast for NAIDOC day as well as the RYSS bus and students were engaged in VR activities with EG Excursions. Bubble Soccer was a huge success, as was our whole school community lunch for RUOK day ?Thank you to all those who were able to join us! Our senior students have been engaged in some very successful work experience placements this term and Yr 12 have been completing HSC assessments. Primary have enjoyed visiting Camp Toukley and the CARES program . The CARES Program is a road and bicycle education programme for Stage 3 students (Years 5 and 6) delivered by two NSW Police Officers at the Central Coast Lifetime Learning Centre (CCLLC) in Palmdale. Some of our Yr 6 students have also enjoyed the start of transition to Yr 7 with more to come in Term 4.

Some of our parent/carers group completed their CPR certificates this term and have enjoyed a range of activities organised by Sue, both on and off the school site. If you would like further information about our parent/carer group, please call the school on 4353 2522.

Our Monday afternoon Cultural Group is going from strength to strength with Chelsea and Didge group has now started meeting on a Thursday afternoon with Danny. Student Voice representatives have also met fortnightly with Mr Borodin to discuss ideas for the future at Hopetown School. It's great to see so many students involved in these initiatives.

Keep an eye on our website for news, events, photos and reports of Hopetown happenings https://hopetown-s.schools.nsw.gov.au/

To all who support Hopetown School, thank you for another fabulous term, working together as a strong, effective community team. Enjoy the Spring break, take time to stop and reset, ready for a big Term 4 ahead.

Kirsty Reynolds Relieving Principal If your contact information has changed don't forget to let us know.



We are currently updating ALL our student information and will be in contact with you shortly to confirm our records. It is very important we have correct parent/carer contact details and medical information so we ask that you notify us of any changes as soon as possible.



Regular attendance at school is essential to assist students to maximise their potential. Schools, in partnership with parents, are responsible for promoting the regular attendance of students. Parents are required to explain the absences of their children from school promptly and within seven days to the school. An explanation for absence must be provided to the school within 7 days of the first day of any period of absence. Hopetown School is regularly asked to provide attendance data to Department of Education so please support us in making sure you contact us.

Term 4 Dates 2019

First day back for Students: Monday 14th October

Last day of Term 4: Wednesday 18th December

What's happening in Term 4?



Week 1

Mental Health Awareness Month with activities for next 3 weeks

Friday 18th Oct Primary Gym Program 11am-1pm

Week 2

Monday 21st Oct Year 12 Food Technology HSC Exam Friday 25th Oct Primary Gym Program 11am-1pm

Week 3

Monday 28th Oct Sailing With Disabilities

Wednesday 30th Oct Cruising Yacht Club Freedom Foundation

Thursday 31st Oct Year 5 STEM Day at Wyong High Friday 1st Nov Primary Gym Program 11am-1pm

Week 4

Wednesday 6th Nov Year 11 2020 Information Evening Friday 8th Nov Primary Gym Program 11am-1pm

Week 5

Friday 15th Nov Primary Gym Program 11am-1pm

Week 6

Friday 22nd Nov V8 Supercars Newcastle

Week 7

Wednesday 27th Nov Senior Dinner

Week 8

Mon 2nd Tue 3rd Dec Cruising Yacht Club Freedom Foundation

Wed 4th - Fri 6th Dec Summer camp (junior secondary)

Week 9

Mon 9th- Wed 11th Dec Summer camp (senior secondary)

Thursday 12th Dec Year 6 Fun Day

Week 10

Tuesday 17th December Presentation Day

Industrial Technology - Metalwork

All students have the opportunity to engage in metalwork at Hopetown School. We have a well-equipped workshop where students can learn how to weld, use oxy-acetylene equipment for bending, cutting and joining metal as well as sheet metal operations



using the guillotine and folding equipment. Some of the projects we have produced this term include metal shovels, nutcrackers and centre punches. A big thank you to Greg (Pop) who volunteers every day at the school to help run this program.

Fishing

Students from Perry and Flinders class participated in a unit of work on fishing this term. During theory lessons, students learnt about recreational and commercial fishing regulations, human impacts on marine ecosystems and traditional fishing



methods. Practical activities included fishing in local rivers, lakes and oceans where we caught a variety of fish species. We also had a go at manufacturing fishing lures out of found materials. I am often asked why we deliver fishing in schools. Some of the obvious benefits include that it strengthens social and emotional skills such as getting along, resilience and perse-

verance. I would hope it also teaches students how to occupy themselves. Too often young people can become involved in anti-social behaviour due to 'boredom'. Show a young person how to engage in leisure activities and there will be numerous positive outcomes.





A conversation could change a life.

This term, the Hopetown School community got behind a very important cause – RUOK Day. On the 12th September, a day of action was taken, dedicated to reminding everyone that every day is the day to ask,



"Are you ok?"
By wearing yellow and encouraging conversation - students, staff and parents worked together to make the day a success. The planned fun activities included: a special

school assembly delivered by student voice representatives; the Blue Tree project, where classes painted their tree blue while talking about the very real concerns in coping with mental illness; Parent Information sessions delivered by Hopetown staff on sleep nutrition, art therapy and self-care; a fabulous sit-

down lunch catered by Hopetown staff and students; and a great session of Bubble Soccer out in the playground. The Hopetown School community certainly did come together to



show their support in the importance in asking that very important question – RUOK?





Hopetown Cafe

Bungaree and Kendall students have assisted with cooking and serving in the cafe. Menu items have included spicy burritos, corn and cheese mini muffins, banana bread and free apple slinkies. Thanks to the wonderful Liz and Mr Callaghan for their assistance in the kitchen. It is all about trial and error when you do things for the first time and the cafe would not run productively without teamwork.

Beyond Blue is the charity that Bungaree are supporting this term. The website offers a plethora of information and support for anxiety, depression and suicide. It is worth having a look at the website as these issues are very real and affect 3 million Australians. https://www.beyondblue.org.au/.

So far Bungaree have raised \$86. A great effort team!

Cares Bike and Road Safety

This term the primary students participated in the Cares Bike and Road Safety program at Ourimbah, as part of the PDHPE program. This program was delivered by two NSW

Police Officers who used a combination of classroom lessons and practical activities which provided students with road safety knowledge and an opportunity to develop their practical skills. The students thoroughly enjoyed the practical aspect of riding around adhering to all traffic laws. Hopetown students send a heartfelt thanks to both Officers for their time and enthusiasm.



2019 Ski Trip



In late August Hopetown students had the opportunity to spend a week at the Apex Castle Mountain Chalet in Smiggin Holes. Most in the group had never seen snow and were extremely appreciative of the opportunity offered. Hopetown staff rate the excitement shown by students given their first snow play experience as a highlight and such a positive way to start the week. Daily lessons with instructor Chris saw rapid skill improvement and students were soon able to negotiate a variety of runs throughout the resort.

Late afternoon saw students return to the Chalet where they could tell stories about their day, play a variety of games, watch DVD's, and help prepare, have and clean up after dinner. All students had great fun and were extremely proud of being able to successfully ski.

As in previous years, Hopetown students were exemplary with the way they conducted themselves in unfamiliar and sometimes challenging situations.

We have been invited back next winter and are looking forward to seeing more Hopetown students in the snow.

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NAIDOC DAY



On Thursday the 1st August, Hopetown held NAIDOC celebrations for local schools and the community to attend. At 10am, local schools arrived to join in us in an opening ceremony dedicated to the theme of NAIDOC, *Voice, Treaty, Truth.* Hopetown students led the assembly with various speeches and also performed the traditional Aboriginal welcome to country dance. Throughout the day Hopetown and visiting students participated in various cultural activities. Thanks to EG Incursions, students experienced aspects of Aboriginal life and culture through virtual reality headsets. Students were able to practice spear throwing and had a close up look of various artefacts and hunting tools. Hopetown staff held a camp fire where students were able to cook damper and were able to taste traditional Aboriginal berries and jams. The RYSS bus provided for a relaxing and creative space where students could chill out, play a variety of games and mix new beats in their DJ booth. Students painted their own boomerangs with traditional Aboriginal designs and were able to take









Students in Kendall have been studying imaginative writing this term and in aim to stay 'hip' we roped in a local **Slam-poet** to help show the boys that poetry and writing is still cool! Will Small is a local poet who has done many events around the coast using his spoken word poetry to explore issues around mental health, toxic masculinity, growing up and becoming a man (amongst others). The students were treated to two sessions which included performances, a brief history of hip hop and a writing workshop, finished off with one student recording a poem he'd written on the equipment Will had bought in. Well done to our students for their engaged and respectful behaviour and we



to our students for their engaged and respectful behaviour and we have certainly sparked the creativity in some!

SPORT: Throughout Term 3, students from Flinders, Hargraves and Perry classes have taken part in a number of fantastic activities as a part of the School Sports Program. The students in these classes have spent their Thursday mornings taking part in physical activities such as skating, scootering, ten pin bowling, beach walking and bushwalking. One particular sporting opportunity which was a favourite with the students was taking part in a Confidence and Team Work course at a local gym. The boys took part in exercise drills to

strengthen their resilience and their determination, pushing them outside their comfort zones and giving them the opportunity to try something new. Later they took part in some team building activities, which involved a lot of respect and trust between partners and ended up in a lot of laughs. Sport this term



has been fantastic and we are looking forward to the warmer weather and some fantastic summer activities during Term 4.



SCIENCE WEEK 2019:

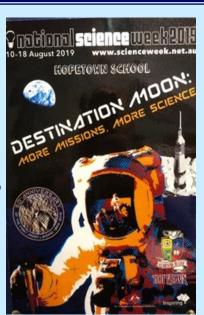
Science Week returned for another year at Hopetown School. Between the 10th and 18th of August, students across the school focused their science learning on the 50th Anniversary of the Apollo 11 moon landing as well as interesting facts about our closest natural neighbour, the moon. Activities included using Oreos to depict the phases of the moon, the use of virtual reality



technology to experience the moon landing and the construction of a large replica of the Saturn V space rocket which has

been on display in the front office.

By the way, did you know that the flags which were placed on the moon are most likely bleached white, due the sun's radiation rays?



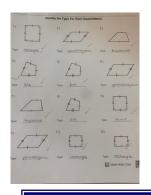
Literacy and Numeracy Group Update

Every Monday, Tuesday and Wednesday mornings, Flinders, Perry and Hargraves combine for Literacy and Numeracy groups in The HUB. For their Literacy studies, students have spent this term focused on Informative Writing, and have honed their reading, comprehending and composing skills in this area. Our focus this term has been on composing extended pieces of writing for informative purposes. Students have read a number of newspaper reports,

interviews and biographical excerpts about Bethany Hamilton and the adversity she has faced, and are watching the biopic Soul Surfer to finish off their study in this area.

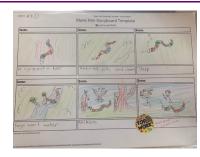
Students also developed their abilities in Measurement and Geometry in their Numeracy groups. They have been learning about volume and capacity, properties of triangles and

quadrilaterals, and measuring angles. Next term the students will be studying the crazy world of Fractured Fairy tales and exploring narrative writing in Literacy while in Mathematics they will be delving in to the world of data and statistics.









PHOTOGRAPHY:

This term, as part of our unit on photography, senior students were treated to a photography workshop from the Moran foundation; a professional photographer visited the school and spent the day teaching the boys how to take the perfect shot, showing them from examples of her own published work. They were then shown how to use cameras of their own and off they went around our beautiful grounds to practise their new



skills. To finish, students picked their favourite shots and printed them themselves to take home- some were even entered

into a national photo competition! A selection of the photos taken were included in a display used on RUOK day which received lots of positive feedback. Well done our budding photographers!



INFORMATION ON FORTNITE

What is it? It's is a 100 player online game with other people all around the world on different platforms you can play on.

How do you play it? Fortnite is an elimination-style shooter which emphasizes being the last person, solo, duo, or squad standing.

Surviving in Fortnite is much more important than eliminating other players. Season 10 is coming to an end and it was the best season (besides 1 and 2). The only problem in season 10 are the Brutes and Mechs as they should have been vaulted in patch notes v10.20.

FORTNITE VOCABULARY

Whited: that the other opponent he has no shield.

Vaulted: refers to items that were released and was later made unavailable to adjust the game's balance, being a limited-time item

Get your teammate reboot card and go to reboot van: your teammate has been killed full so pick up the reboot card and go to the reboot van so your teammate get revive so he can still play to try to win game.

He is hacking he has Aimbot: it means he can hit all of his shots as a headshots and can he could have ESP what means wall hacks what he can shot through your walls.

"Do u have mic": so in game there are people on your team that have a mic to talk to you, duo or squad.

He is lasered: where the other opponent is low or knocked out if not whited.

Let's get a win: it means u are the winner of 100 player in solo, duo or squads.

We have a Youtuber in our match: name of youtubers are Joogie, Lazarbeam, Tfue, Ninja, Randumb or Jarvis.

TTV: means that they stream on twitch or mixer and YouTube.

Rare skins: like Recon Expert, Renegade raider, Aerial assault trooper. The make glider is the rarest glider in the game

Res: It is the shorthand for resurrecting or reviving a players

SKINS CATEGORIES

Common - grey/white. 0 Vbucks

Uncommon - green. 800 vbucks cost is \$14.95 \$9.99

Rare - blue. 1200 vbucks cost is \$14.95 plus can get 200 vbucks in battle pass

Epic - purple. 1500 vbucks cost is 14.95 plus 6.65 but can only get the

Legendary - gold. 2000 vbucks cost is \$38.00 for 2500 V bucks

\$6.65 once a season

By Tyler Palmer – Muru class



The Great Barrier Reef

This term primary students have been learning about the Great Barrier Reef as part of their HSIE program. They put a lot of effort into researching animals that live on the reef and published detailed information reports. Students discovered that coral is an animal, discovered the impact that carbon dioxide has on the PH levels of the water and watched some very interesting documentaries. To enhance their understanding of animals that live on the reef, students visited the Irukanji Shark and Ray Centre. They waded around a shallow pool with different types of rays, patting them and feeding them. Students then headed into the deeper pool with larger rays and sharks. They were amazed at how friendly the sharks were and how fussy they were with their food, preferring to eat squid instead of prawns. All students were very respectful of all the animals and really enjoyed the experience.





Can you find Dory and Nemo?



Name one fact that you have learned this term?

"Coral is an animal" - Ashton

"Coral poops out of its mouth because it doesn't have a bottom" - Aaron
"Stingrays are slimy because they are covered in mucus" – Nick
"All clownfish are born male "- Jackson

"The Great Barrier Reef is in Queensland and is so big that it can be seen from space "- Aaron

Camp Toukley

Hopetown School spent 4 Fridays at Camp Toukley. They had many activities for us to do. I was really looking forward to trying different things. On the first week we did BMX riding and archery. I liked the BMX riding not so much the Archery. We ate hot chips and gravy for lunch this day. On the second week we did high ropes and built a catapult in groups of two. The high ropes were fun, it was not scary and I did this course three times. Building the catapults was boring and it was tricky trying to knock down the other group's castles. The third and fourth weeks we did the high swing, flying fox and had a camp fire with a BBQ. The high swing was scary but I did it and I was really proud of myself. The flying fox was not scary at all, it was very fun and I did this three times. I found the campfire boring but I enjoyed making the damper because it was delicious. I would like to do this next year for longer than four weeks. By Dyllan Polovineo

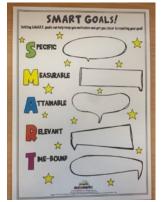












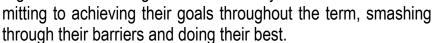
This term in Flinders class we have enjoyed a lot of challenging activities and had some amazing experiences. The boys have taken part in some wonderful experiences this term including celebrations for NAIDOC week, enjoying R U Ok? Day celebrations, a trip to Fighter World and taking part in challenging sporting opportunities.

Our Star of the Week award has been running throughout out the term, with each of the boys being awarded the Star of the Week trophy at one point or another throughout the term. The Star of the Week award is awarded each Friday to a student in the class who has demonstrated resilience, growth and determination



in a positive manner throughout that week. It has been really nice to see the boys striving for achievement in this way. Each week the boys also set them-

selves some Smart Goals to help motivate them through the week and keep them focused on achieving their goals. It has been great to see the boys focused on and com-











The Flinders Boys have also been responsible for the Junior Café each Tuesday during weeks 5-10. The boys have spent their morning cooking goodies for the school canteen including sausage rolls, pies, slices, cakes and smoothies. They are hoping to raise enough to purchase a swag for the homeless to be given to homeless youth in the local area.

Well done Flinders!



